

Milford Aqua Jets Swimmer is Making Waves

10 Year Old Mila Mulrenan is making a splash in the pool as she qualifies to compete at the Connecticut Senior Swim Championships!



Ten year-old Milford native, Mila Mulrenan, a member of the Aqua Jets Swim Club, has qualified for the Connecticut Senior Championships in the 50 breaststroke. It is extremely rare for a 10-year-old to achieve the qualifying standard for this meet. She will be competing against the best swimmers in the state including premiere high school and college level athletes. Mila began her swimming career with one-on-one lessons with the Aqua Jets Lesson program back in 2021. She quickly advanced to the Mini Jets program, which is an introduction to competitive swimming. From there, Mila took off to the Aqua Jets Team program, designed for more advanced competitive swimmers. Over the last two years, Mila has qualified for, and earned the title of Age Group Champion in two events, the 50 breaststroke and the 100 breaststroke. This past winter, Mila qualified for the Eastern Zone Age Group Championships that were held in Buffalo, New York, where she placed third in the region for the 10 and under 50 breaststroke.

Mila's upcoming event at the Connecticut Senior Championships, will be held on Friday, July 10th at Wesleyan University in Middletown, CT. Congratulations Mila and all the best at Senior Championships!